The content of this magazine does not necessarily represent the opinions, views, interest, or concerns of the University of Oklahoma Health Sciences Center.
EQUAL OPPORTUNITY
The University of Oklahoma, in compliance with all applicable federal and state laws and regulations does not discriminate on the basis of race, color, national origin, sex, sexual orientation, genetic information, gender identity, gender expression, age, religion, disability, political beliefs, or status as a veteran in any of its policies, practices, or procedures. This includes, but is not limited to: admissions, employment, financial aid, housing, services in educational programs or activities, or health care services that the University operates or provides.

Inquiries regarding non-discrimination policies may be directed to: Bobby J. Mason, University Equal Opportunity Officer and Title IX Coordinator, 405-325-3546, bjm@ou.edu, or visit http://www.ou.edu/eoo.html.
<table>
<thead>
<tr>
<th><strong>EVENT</strong></th>
<th><strong>DROP/ADD</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>FALL ’18</strong></td>
<td><strong>2018-2019</strong></td>
</tr>
<tr>
<td>Enrollment period (including add/drop)</td>
<td>Final date to add a class</td>
</tr>
<tr>
<td>Cancellation deadline at 5 p.m.</td>
<td>No refund on dropped courses after this date</td>
</tr>
<tr>
<td>Classes begin</td>
<td>No record of grade on dropped course</td>
</tr>
<tr>
<td>Late enrollment period ($50 late enrollment fee)</td>
<td>Automatic grade of “W” for a dropped course</td>
</tr>
<tr>
<td>Final date to enroll</td>
<td>Grade of “W” or “F” for a dropped course</td>
</tr>
<tr>
<td>Last date to pay fees/tuition without service charge</td>
<td>Petition to college dean to drop a course (with grade of “W” or “F”)</td>
</tr>
<tr>
<td>Final date of full term fall classes</td>
<td><strong>COMPLETE WITHDRAWAL</strong></td>
</tr>
<tr>
<td>Final examination period</td>
<td>100% refund on complete withdrawals</td>
</tr>
<tr>
<td>Final date to pay fees/tuition without $50 late fee</td>
<td>No refund on complete withdrawal after this date</td>
</tr>
<tr>
<td>Final date of term</td>
<td>Automatic grade of “W” for complete withdrawal</td>
</tr>
<tr>
<td>Final grades due</td>
<td>Grade of “W” or “F” on complete withdrawal</td>
</tr>
<tr>
<td><strong>AUDIT</strong></td>
<td>Withdrawal - Last Date of Attendance for Financial Aid 60% Completion</td>
</tr>
<tr>
<td>Change from audit to credit</td>
<td>Final date to withdraw from all courses</td>
</tr>
<tr>
<td>Change from credit to audit</td>
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</tbody>
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<table>
<thead>
<tr>
<th><strong>SPRING ’19</strong></th>
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</thead>
<tbody>
<tr>
<td>Enrollment period (including add/drop)</td>
</tr>
<tr>
<td>Cancellation deadline at 5 p.m.</td>
</tr>
<tr>
<td>Classes begin</td>
</tr>
<tr>
<td>Late enrollment period ($50 late enrollment fee)</td>
</tr>
<tr>
<td>Final date to enroll</td>
</tr>
<tr>
<td>Last date to pay fees/tuition without service charge</td>
</tr>
<tr>
<td>Final date of full term spring classes</td>
</tr>
<tr>
<td>Final examination period</td>
</tr>
<tr>
<td>Final date to pay fees/tuition without $50 late fee</td>
</tr>
<tr>
<td>Final date of term</td>
</tr>
<tr>
<td>Commencement Weekend</td>
</tr>
<tr>
<td>Final grades due</td>
</tr>
<tr>
<td><strong>AUDIT</strong></td>
</tr>
<tr>
<td>Change from audit to credit</td>
</tr>
<tr>
<td>Change from credit to audit</td>
</tr>
</tbody>
</table>

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<tr>
<th><strong>Holidays</strong></th>
<th><strong>Martin Luther King, Jr. Day</strong></th>
<th><strong>Spring vacation</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>Labor Day</td>
<td>Sept 3</td>
<td>Jan 18</td>
</tr>
<tr>
<td><strong>Fall Break</strong></td>
<td>TBA</td>
<td>Jan 21-24</td>
</tr>
<tr>
<td>Thanksgiving vacation</td>
<td>Nov 21-25</td>
<td>Mar 16-24</td>
</tr>
</tbody>
</table>
Jim Gallogly was named the 14th president of the University of Oklahoma in March and took office on July 1, 2018. A 1977 alumnus of the OU College of Law, Gallogly is the first CEO from a Fortune 500 company to lead the university.

Gallogly has a distinguished track record in running large, complex organizations, and invests in mentoring, inspiring and teaching teams to achieve exceptional results.

He received a Bachelor of Arts degree from the University of Colorado at Colorado Springs in 1974, followed by his J.D. from the OU College of Law. In 2016, the college recognized Gallogly with the Order of the Owl Award.

Gallogly is passionate about OU, STEM education and achieving excellence in the liberal arts. The Gallogly Family Foundation has been a major benefactor at OU, helping to fund the OU Gallogly College of Engineering, Gallogly Hall and the Public Interest Fellowship Program at the OU College of Law.

Gallogly is a member of the OU Gallogly College of Engineering Board of Visitors and the CU Engineering Advisory Council and the University Cancer Foundation Board of Visitors at the University of Texas M. D. Anderson Cancer Center, Houston, Texas.

Born in St. John’s, Newfoundland, Canada, on Sept. 1, 1952, he is one of 10 children of Tom and Margery Gallogly. He and his wife, Janet, have been married 43 years and have three daughters and four grandchildren.
When did you start at OU?
Day one as a Sooner was 1996 at Camp Crimson.

When did you join the OUHSC?
In 2013 and have served as Senior Vice President and Provost since 2015.

What is your favorite song to play in the car?
My Spotify playlist has U2 and lots of 80’s beats.

Where did you meet your wife, Tammy, and when did you marry?

Do you have children?
Yes, Will was born in 2007 and Luke was born in 2010, both in Boston.

Which event in the past, present, or future would you like to witness in person?
Luke and Will becoming husbands and fathers.

What is your educational background?
B.S. in Biochemistry at OU, followed by a M.A. in English Language and Literature, Trinity College, Oxford University on a Rhodes Scholarship, then MD and MBA at Harvard Medical and Business School.

What are the top things students new to OUHSC should know?
We are one of the most comprehensive academic health centers in the country.

We are part Oklahoma’s premier academic health system - OU Medicine. We are thrilled you have joined the Sooner family.

You have worked hard to get here and we are committed to your success.

Leave a legacy - inspire your fellow learners and transform your patients’ lives.

Thank you for choosing to be a part of our community.
165 International Students
59% Asia
6% Europe
11% Latin America and Caribbean
7% Middle East and North Africa
1% North America
1% Oceania/Australia
15% Sub-Saharan Africa
Now will not be with us forever

(WHAT TO WATCH FOR THIS YEAR)
<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>14 AUGUST</td>
<td>New International Student Orientation</td>
<td>DLB Student Union 205</td>
</tr>
<tr>
<td>20-24 AUGUST</td>
<td>Welcome Week</td>
<td>DLB Student Union</td>
</tr>
<tr>
<td>21 AUGUST</td>
<td>Veteran and Military Alliance Welcome</td>
<td>Noon</td>
</tr>
<tr>
<td>22 AUGUST</td>
<td>Multicultural Student Org Meet and Greet</td>
<td>Noon-1 PM</td>
</tr>
<tr>
<td>22 AUGUST</td>
<td>HSC1: Crimson and Ice Cream Social</td>
<td>4:30-6:30 PM</td>
</tr>
<tr>
<td>23 AUGUST</td>
<td>Safety Blitz Fair</td>
<td>Noon-1 PM</td>
</tr>
<tr>
<td>23 AUGUST</td>
<td>Bank SNB</td>
<td>SGA Block Party</td>
</tr>
<tr>
<td>29 AUGUST</td>
<td>HSC Cousins: A Perfect Match Party</td>
<td>4:30-6:30 PM</td>
</tr>
<tr>
<td>6 SEPTEMBER</td>
<td>OU Voice Active Bystander Training</td>
<td>Noon</td>
</tr>
<tr>
<td>11 SEPTEMBER</td>
<td>Leadership Lunch Series</td>
<td>Noon</td>
</tr>
<tr>
<td>18 SEPTEMBER</td>
<td>Healthy Union Chopping Class</td>
<td>Noon</td>
</tr>
<tr>
<td>2 OCTOBER</td>
<td>HSC1: Bevo BBQ</td>
<td>Noon</td>
</tr>
<tr>
<td>8-12 OCTOBER</td>
<td>Fall for OU Week</td>
<td>4:30-6:30 PM</td>
</tr>
<tr>
<td>15-19 OCTOBER</td>
<td>Sexual Assault Awareness Week</td>
<td>DLB Student Union</td>
</tr>
<tr>
<td>11 OCTOBER</td>
<td>Sooner Social Hour</td>
<td>4:30-6:30 PM</td>
</tr>
<tr>
<td>16 JANUARY</td>
<td>African American Student Association</td>
<td>11:30 AM</td>
</tr>
<tr>
<td>17 JANUARY</td>
<td>Sooner Social Hour</td>
<td>4:30-6:30 PM</td>
</tr>
<tr>
<td>10-11 MAY</td>
<td>Commencement Weekend</td>
<td>Various</td>
</tr>
<tr>
<td>29 NOVEMBER</td>
<td>OU Football vs. Texas Tech Watch Party</td>
<td>The Jones Assembly</td>
</tr>
<tr>
<td>29 NOVEMBER</td>
<td>Sooner Standard: Winter Wishes Drive</td>
<td>Month of December</td>
</tr>
<tr>
<td>1 DEC</td>
<td>Sooner Social Hour</td>
<td>4:30-6:30 PM</td>
</tr>
<tr>
<td>6 DEC</td>
<td>Holiday Craft Night</td>
<td>Sooner Social Hour</td>
</tr>
<tr>
<td>18 APRIL</td>
<td>SGA All College Philanthropy</td>
<td>8 PM - Midnight</td>
</tr>
<tr>
<td>18 APRIL</td>
<td>Meet@theWalk</td>
<td>4:30-6:30 PM</td>
</tr>
<tr>
<td>25 JANUARY</td>
<td>SGA All College Philanthropy</td>
<td>8 PM - Midnight</td>
</tr>
</tbody>
</table>

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**2018-19 ACADEMIC YEAR**
Accommodations
Disability Resource Center. To encourage full participation for students with disabilities and help ensure equal educational opportunity, the Disability Resource Center provides a variety of support services, many of which have been developed in response to expressed student needs.

(405) 325-3852 (Voice) | (405) 325-4137 (TDD)
drc@ou.edu | http://www.ou.edu/drc/home.html

Athletics Tickets
(405) 325-2424 | http://www.soonersports.com

For information regarding policies and procedures go to http://www.soonersports.com, select tickets and student tickets.

HSC-Ticket Office: HSC Student Affairs, DLB Student Union Suite 300, (405) 271-2416

ATM & Banking
Bank SNB ATMs are located at the west entrance of the Student Union, Research Parkway food court, and OU Physicians. A full-service Bank SNB is located in the Student Union.

Bursar Office
HSC Bursar’s Office is located in Room 114 of the Service Center Building.

(405) 271-2433 | ouhscbursar@ouhsc.edu
http://www.ouhsc.edu/financialservices/bursar/default.asp

David L. Boren Student Union
The DLB Student Union is open 24/7 for current HSC students. As the “living room of campus” the Union strives to provide a safe, inclusive and active center for campus life. Eat. Meet. Relax.

(405) 271-3606 | union.ouhsc.edu | union@ouhsc.edu

Forms, Handbooks, and Policies
The OUHSC Student Handbook is a compilation of the University’s major policies and procedures regarding student academic matters. Visit http://studenthandbook.ouhsc.edu to access the OUHSC Student Handbook.

Check out http://students.ouhsc.edu/FormsandPolicies.aspx to access forms and a list of policies.

Printing and Copies
Students can use PaperCut for printing in 5 locations: the DLB Student Union (Room 105), College of Medicine (BSEB 150, 160-169, 260-269), College of Allied Health (AHB 2040), College of Pharmacy (COP 105) and the Robert M. Bird Library. Learn more about PaperCut at http://www.papercut.com/.

For multiple copies and color copies, students can use HSC Printing Services (ROB-122), (405) 271-5489.

Student Health Insurance
Effective June 2017, all students enrolled in OUHSC programs must purchase the OUHSC Student Health Insurance Plan or submit a waiver to show alternative coverage via the Student Health Insurance waiver program each semester of enrollment.

General Information: http://students.ouhsc.edu/HealthInsurance.aspx
OUHSC Student Health Insurance Plan: http://ouhsc.myahpcare.com/

Questions regarding specific coverage or conditions should be directed to:
Academic HealthPlans Customer Care | 1-888-924-7758 (toll free)
8:30 AM – 5 PM CST, Monday-Friday

Student Organizations
Get involved on campus and create your legacy! Find more information on our 100+ Registered Student Organizations or start your own. Visit students.ouhsc.edu for a current listing or contact HSC Student Affairs at (405) 271-2416 for more information.

Financial Aid
Looking for assistance with your tuition and fees? Come visit the Financial Aid Office located in Suite 301 in the DLB Student Union.

(405) 271-2118 | Financial-aid@ouhsc.edu
http://www.ouhsc.edu/financialservices/SFA/
INTENTIONAL LIVING

SIX DIMENSIONS OF WELLNESS

Similar to your healthcare-focused curriculum, the journey toward excellence in wellness requires an intentional emphasis on the big picture of your choices and life management.

Prevent burnout, feelings of low energy, and the impact of trauma events by balancing and embracing each of the Six Dimensions of Wellness: Physical, Emotional, Spiritual, Intellectual, Occupational, and Social wellness.

Maintaining proper care for yourself is a great step toward ensuring the best possible outcomes for those whom you will care for in the future.

Dedicated to your overall success, HSC Student Counseling Services will provide opportunities to experience and enjoy each of the Six Dimensions of Wellness through campus wide programming. Keep an eye out for the HSC Intentional Living icons within campus promotional items and the HSC Daily News.

For more information and to check your wellness, visit students.ouhsc.edu/SCS.aspx

Student Counseling Services counselors@ouhsc.edu
(405) 271-7336
Can you tell me a little bit about why you chose to get into healthcare?

I wanted to go into healthcare because I wanted to help people. Throughout my studies, I wasn’t really sure how to do that, but after talking with friends, other Gates scholars, and mentors, I quickly realized that public health was the best field to give back to my community. In public health, one can help find solutions like providing clean water or helping someone get access to health insurance to get the medical care they need. Personally, I think health policy is crucially important. Our policies shape the way we believe about healthcare and drive everything we do surrounding it. Advocating for policies that better benefit underserved communities is something about which I am very passionate.

As a student, do you get the chance to be involved in different campus opportunities that support your passion?

Yes! Every year, there is Higher Education Day at the State Capitol, which gives students the opportunity to go to the Capitol and speak with their legislators about issues pertinent to what’s happening on the HSC campus, from actual higher education policy to healthcare issues and more. Lately, we’ve had a lot of issues around cutting funding for a lot of health programs in Oklahoma. I feel like being students at HSC gives us the opportunity to advocate for keeping these programs around. Of course, we are advocating on behalf of many people keeping their jobs or for the future of the jobs we may desire to have, but we are also advocating on behalf of our current or future patients’ lives. When the legislature cuts funding for these programs, it is not just our lives that are affected.

I had the opportunity to intern at the Ronnie K. Irani Center for the Creation of Economic Wealth (I-CCEW). There was a group of five of us from all different disciplines (I was public health, and the others were Medicine, Pharmacy, Cell Biology, and Business), and it was so cool to have the chance to work with students from several different disciplines. We worked with Stephenson Cancer Center throughout the semester on a major project to increase access to cancer care for rural Oklahomans. I-CCEW had professional development luncheons for us every other week, and we regularly practiced our presentation skills. At the end of the semester, we did a formal presentation that was open to the public, which representatives from Stephenson and business people from all over the city attended. It felt great to see so many professionals take such an interest in all of our hard work, and I was so proud of myself and my team!
When you were applying to medical school, you probably had your own expectations. What about your experience did you not expect so far?

The biggest concern for me coming into medical school was not having a lot of time outside of class to do other things that I was passionate about. It was common to hear individuals say, “you’re going to be studying all day” or “you may not have time to have an outside life” so I really prepared myself for that. I reduced my commitments so I could concentrate on purely on medical school. But when I got here, one of the things that really stood out to me was that here at OU the curriculum is tailored in a way that reduces the stress on students and facilitates learning in a way that is both effective and allows every student to participate in extracurricular activities. For me, coming into medical school I didn’t expect to do a lot of leadership activities or involvement, although that is something that I am passionate about. But I was pleasantly surprised to realize, not only do I have the time, but the faculty and the staff here really encourage you to get involved by putting you in environments that you can succeed even though you have a rigorous workload ahead of you.

DANIAL GEBREILI

The University of Oklahoma College of Medicine

Can you tell me a little bit about the transition between undergrad and graduate school?

In my transition between undergrad and graduate school, I have definitely had to adjust how I manage my time and that part was difficult. Here, I have more tests than in undergrad, sometimes more than one test in a week, making sure I get my IPPE (rotation hours), participating in extracurricular organizations and activities, exercising and somehow finding time to spend with friends/family. So, my first year has been a trial and error year for me, figuring out what works best for me when it comes to balancing all of these things in a timely manner. Each year I will be building upon this. I will have to continue to adjust to whatever else I put on my plate or even the things I need to take off. I believe as a future healthcare professional or really any professional, learning the skill of being able to adjust to your environment and being flexible will help you succeed in whatever comes your way. A healthy balance of this is good and I feel like the environment at OUHSC allows me to be able to figure out that balance in my pursuit in learning to be the best healthcare professional I can be to my patients.

ANDREA LATSON-CHAMBERS

The University of Oklahoma College of Pharmacy
STUDENT RESOURCES

HSC Writing Center
Mary Carter, Ph.D. | mywconline.ouhsc.edu

The OUHSC Writing Center, which is located in Room 214 in the DLB Student Union, serves the students, faculty, and staff of the OU Health Sciences campus and HSC-based OU-Tulsa students. Services provided by the Writing Center include help with topic selection, strategies for successful research, proper citation use, grammar correctness and draft revision.

Available Services
- Starting a writing project
- Conducting research
- Incorporating sources
- Logical paper organization
- Citation/Documentation (JAMA, APA, etc.)
- Clarity and style
- Language usage guidelines

Writing Services
- Research papers
- Application essays/Personal statements
- Reports
- Theses and Dissertations
- Cover letters
- Resumes/Curriculum Vitae
- Presentations

IT Service Desk
it.ouhsc.edu/services/servicedesk

Available Services
- 24/7 student lab
- Free computer health check
- Password assistance (ouhsc.edu/password)
- Computer encryption
- Technology sales
- Wireless/mobile device assistance
- FREE Microsoft software for students

Web: it.ouhsc.edu/services/servicedesk
Self help: it.ouhsc.edu/backtoschool/
Email: servicedesk@ouhsc.edu
Phone: (405) 271-2203 | (888) 435-7486
Facebook: facebook.com/it.servicedesk.ouhsc

OUHSC Police Department
ouhsc.edu/police/home.aspx

The OUHSC Police Department is certified by the State of Oklahoma, and its programs keep students as safe and alert as possible.

Emergency Blue Phones are located all across campus. When the button on one is pressed, the police see the location the phone the alert originated from and will send an officer immediately.

The Emergency Communication System alerts students, via five communication methods, when there is a potential safety threat. Therefore, it’s important for students to keep contact information current. To update your emergency contact information, go to http://gohsc.ouhsc.edu. For instructions, visit http://ouhsc.edu/ecs.

Students can call for a CAMPUS SECURITY ESCORT if they ever feel they’re in a hazardous environment. An officer will be sent to their location immediately.

HSC Police Emergency Number: 405-271-4911
The non-emergency number for the campus police is 405-271-4300 and can be used at any time.

OUHSC Sooner Safety and Fire Report | www.ouhsc.edu/safety
University Village Apartments
http://students.ouhsc.edu

Located in the heart of the OU Health Sciences Center campus, the University Village Apartments (UVA) are available to students, staff, and faculty from OUHSC’s seven health professional colleges.

Features
- Studios
- Townhomes
- On Campus
- Internet
- Cable
- Gated Parking

HSC IM Sports
imleagues.com/ouhsc

Nearly 900 hundred students on the OUHSC campus participate in IM Sports annually. Representation from each college ensures you have a team and can be active in your physical well-being amongst friends.

Season sports include
- Fall and spring Soccer
- Flag Football
- Basketball.

Single events include
- Sand Volleyball
- Ice skating
- Dodgeball
- Rock climbing

Sports are constantly being introduced and revised for current information, visit imleagues.com/ouhsc or email IMSports@ouhsc.edu

University Health Club
https://www.ouhsc.edu/uhc/

The mission of the University Health Club is to provide the best possible experience for the students, faculty, staff, and community members to achieve their optimal health, improve physical and mental performance while improving their lifestyles.

UNIVERSITY HEALTH CLUB INFO
1000 North Lincoln Blvd.
Oklahoma City, Oklahoma 73104
Phone: 405-271-1650
Fax: 405-271-6633
Monday - Thursday 5:30 AM – 9 PM
Friday 5:30 AM – 8:30 PM
Saturday 8 AM – 4 PM
Sunday 12 PM – 6 PM

UHC - RESEARCH PARK INFO
865 Research Parkway
Oklahoma City, Oklahoma 73104
For both locations, Health Sciences Center student membership included in student fees.

UNIVERSITY VILLAGE APARTMENTS INFO
University Village Apartments
900 North Stonewall Ave
Oklahoma City, OK 73117
(405) 271-0500
students.ouhsc.edu

The University Village Apartments are owned and managed by The University of Oklahoma Health Sciences Center Student Affairs.
HSC Student Counseling Services
http://students.ouhsc.edu/SCS.aspx | counselors@ouhsc.edu | (405) 271-7336

What are some ways Student Counseling Services can help?
- Manage stress
- Develop a healthy self image
- Work through conflicted emotions
- Deal with life transitions and dissapointments
- Establish coping and problem-solving strategies
- Adjust to a new environment and academic demands

What should I expect when I make an appointment?
Call (405) 271-7336 or email counselors@ouhsc.edu to set up an appointment. In the first appointment, you will complete paperwork and meet with your counselor for one hour to discuss goals for future sessions. Each session following lasts 45-55 minutes.

Is there a charge for sessions?
Anyone who is a student at the University of Oklahoma Health Sciences Center may utilize Counseling Services and the cost is part of your student fees. There is a fee for certain psychological assessments.

Are my sessions private?
By law we cannot let anyone know that you have utilized our services unless under very specific circumstances and even in those situations, only the relevant information to the relevant individuals will be released.

Robert M. Bird Health Sciences Library
library.ouhsc.edu

The Robert M. Bird Health Sciences Library is committed to providing library services and resources available through the website (library.ouhsc.edu) and in person. The library staff realizes that the schedule of an HSC student is packed, so the site provides links to books, journals, databases, and services to enable access by students 24 hours a day.

Librarians are available from 8 a.m. to 5 p.m. Monday through Friday to provide assistance in the library or on the phone. The website’s “Ask a Librarian” services, along with voicemail, allows students to leave requests at any time day or night. The library provides academic support for education and research through the collection of and access to resources. Additionally, professional staff provides a variety of services to enhance education and research activities and to promote a positive experience in the utilization of these resources.

LIBRARY HOURS
Monday - Wednesday 7 AM to Midnight
Friday 7 AM to 10 PM
Saturday 8 AM to 10 PM
Sunday 10 AM to Midnight

HSC Campus Dining

“The Core Purpose of Housing & Food Services is ‘We bring life to the University Community’. HSC Food Services strives to improve the lives of our customers by developing relationships through delicious food across our operations. This is by far my favorite part of what the staff and I do on this campus each day through food - building relationships - with our customers, whether they be students, patients, physicians or fellow staff members.”

Rayanna Reidy
Director, HSC Food Services

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BEAKER’S CAFE & FOOD COURT
Location: (405) 271-3665
DLB Student Union
Open M-F

Breakfast 7 AM - 10:30 AM
Beaker’s Café 7 AM – 4 PM
Beaker’s Food Court 10:30 AM – 3 PM
(& Chic-Fil-A Express)

HEALTHY HEARTH
Location: (405) 271-1685
Stephenson Cancer Center
Open M-F

Breakfast 7:30 AM – 10:30 AM
Lunch 10:30 AM – 5 PM

DAVE’S PLACE
Location: (405) 271-1680
OU Physicians
Open M-F

Breakfast: 8 AM – 10:30 AM
Lunch: 10:30 AM – 3 PM
OUHSC Parking
ouhsc.edu/parking | parking@ouhsc.edu

Where is the parking office located and what are the business hours?
We are located in the Service Center Building on the corner of SL Young & Lindsay at 1100 N Lindsay Avenue, Suite 100, Oklahoma City, OK 73104. We are open from 7:30 AM - 5 PM, M-F.

Do I have to purchase a parking permit?
Any employee or student who wishes to park a motor vehicle in any of the parking lots operated by the Health Sciences Center must have a parking permit and decal. Contact the Parking Office for the permit that best fits your need.

Can I park in patient or visitor parking?
No, unless you are being seen as a patient and have notified the Parking Office in advance. A “visitor” is defined as any person, to include patients, unaffiliated with the organizations and entities of the Oklahoma Health Center as an employee, doctor, student, vendor, office occupant, or tenant.

What if I forget my hangtag or drive a different vehicle?
Park in the same place you usually park. Use the call box to get into the lot or garage if needed. Then use one of these three options:

• Call the Parking Office at (405) 271-2020
• Email us at parking@ouhsc.edu
• Use the “Leave Alone List” link on the OUHSC Parking website

We will need a description of the car you are driving, the license plate number, and which lot you will be parked in.

What do I need to do so I don’t get a citation?
Citations are given for violations of the OUHSC Parking Rules & Regs.

If you have questions, contact the parking office at (405) 271-2020.

Citations must be paid within 10 days to avoid additional late fees. Citations may be paid in person at the Parking Office, by mail, or online at https://www.ouhsc.edu/parking/.

Information for appealing a citation can be found at https://www.ouhsc.edu/parking/.

For credit card security reasons, we cannot accept credit card payments by phone.

What are the shuttle routes?
A live GPS shuttle tracker is available at ouhsc.edu/transit

OU Physicians Student Health and Wellness Clinic
Chad Douglas, MD | students.ouhsc.edu/shwc.aspx

The OU Physicians Student Health and Wellness Clinic is just down the street from your classes and has convenient appointments available.

Available Services
• Management of chronic health conditions and medications
• Urgent care visits including colds, acute minor injuries, bladder infections, rashes, etc.
• General checkups with routine lab work
• Immunizations/Antibody Titers
• TB skin testing
• Travel consults

Website: students.ouhsc.edu/shwc.aspx
General: studenthealthnurse@ouhsc.edu
Billing: studentbilling@ouhsc.edu

CLINIC INFO
M-F 7 AM - 5 PM
For appointments, call (405) 271-2577 or email studenthealthnurse@ouhsc.edu

OU Physicians Student Health and Wellness Clinic
825 NE 10th St, Suite A
Oklahoma City, OK 73117
Siera Freeman  
Siera-Freeman@ouhsc.edu

Hometown: Edmond, OK  
Oklahoma State University  
Stillwater, OK

What is your advice for incoming students? “To put yourself out there! Professional degrees are very time consuming and hard, but you won’t remember the times you spent studying in the library, you’ll remember the fun events you attended on campus and the organizations you became a member of.”

Meridith Corwin  
Meridith-Corwin@ouhsc.edu

Hometown: Bristow, OK  
Oklahoma Christian University  
Edmond, OK

What makes OUHSC home for you? “...I always run into someone I know who cares about me and wants to stop for a chat. I love...the shared spaces. It makes the members of the campus feel like one big family. The opportunities to get involved on campus give us so many more opportunities to spend “family time” together, and getting involved has given me the chance to feel at home here.”

Dylan Lindauer  
Dylan-Lindauer@ouhsc.edu

Hometown: Moore, OK  
The University of Oklahoma  
Norman, OK

What makes OUHSC home for you? “Since I’m a graduate of OU-Norman, it was only natural to want to continue “rep- ping” the Crimson and Cream. There is not a better campus that makes students feel welcomed, heard, at home...The relationships built here make it feel like family. It brings a sense of home on those long days of studying and as Dorothy once said, “There’s no place like (Okla)HOME.”

John Little  
Jonathan-Little@ouhsc.edu

Hometown: Oklahoma City, OK  
The University of Oklahoma  
Norman, OK

What makes OUHSC home for you? “Come in each day thankful to be in school and treat school as a privilege that many people don’t get to experience. When you are feeling discouraged, remember about all the time you put in just to get to where you are now. Have confidence in yourself and give 110% effort each day. As the great Russell Westbrook once said “Why Not?”
What is your advice for new students? “Know your “Why?” If you don’t know already, think about your personal reasons for why your work is important. Knowing why you are pursuing the degree as you enter graduate school will help keep you motivated.”

What makes OUHSC home for you? “OUHSC for me is my home away from home. Being an international student, all my family is in India. Being involved with Graduate Student Association, has helped me to expand my friendship group and brought me much closer to the staff in OUHSC Graduate College. I have always felt that I am cared for. I am so fortunate to have these people who work in my best interests and are dependable. It’s the people here who gives me the sense of belonging to OUHSC and make OUHSC a wonderful community to be in.”

What is your advice for new students? “Step out of your bubble! It is incredibly easy to stay within the borders of your class, your program, your college, etc. but I encourage you to get involved and meet students from all over campus. At OUHSC, we are lucky to be one of the only comprehensive medical centers in the country and have the unique opportunity to interact with future professionals from almost every discipline in healthcare. Teamwork makes the dream work!”
Anne Perieria, Ph.D.
University of Melbourne

JoLaine Draugalis, R.Ph. Ph.D.
University of Arizona

John P. Zubialde, M.D.
University of New Mexico

Gary Raskob, Ph.D.
University of Toronto

**Graduate College**

graduate.ouhsc.edu

The state’s only comprehensive academic graduate center providing Master of Science and Doctor of Philosophy for biomedical scientists, nurses, dentists, pharmacists, physicians and allied health and public health professionals.

**College of Pharmacy**

pharmacy.ouhsc.edu

The OU College of Pharmacy is committed to contributing to society through state-of-the-art education and research as well as modern, innovative pharmacy practices and services.

**College of Medicine**

medicine.ouhsc.edu

At OU College of Medicine, we are committed to a mission of leading healthcare in education, research and patient care. Nearly two-thirds of Oklahoma’s physicians are graduates of the OU College of Medicine.

**College of Public Health**

publichealth.ouhsc.edu

The OU College of Public Health is home to research dedicated to protecting and improving the public’s health. The areas of research are widespread, from tobacco prevention and cessation to cardiovascular diseases in American Indian populations.

**College of Dentistry**

dentistry.ouhsc.edu

More than half of Oklahoma’s dentists are graduates of the OU College of Dentistry, which is also home to the state’s only bachelor’s program in dental hygiene.

**Fran and Earl Ziegler College of Nursing**

nursing.ouhsc.edu

The Fran and Earl Ziegler College of Nursing is the largest educator of registered nurses, advanced practice nurses, and research-based nursing faculty in Oklahoma.

**College of Allied Health**

alliedhealth.ouhsc.edu

The College of Allied Health’s goal is We Empower Life and offers programs in audiology, nuclear medicine, nutritional sciences, occupational therapy, physical therapy, radiation therapy, radiography, sonography and speech-language pathology.
Multicultural Student Services (MSS) exists to create and maintain a culturally diverse student environment, provide educational opportunities on the varying cultures on campus, optimal recruitment, advisement and support services to prospective and current students.

**Spotlight**

**HSC COUSINS**

Established in January 2003, HSC Cousins provides understanding, friendship and unity among American and International/Exchange students on the HSC campus. The program provides numerous venues for social interaction and opportunities for cultural exploration. Active participation in HSC Cousins includes: attending the official Cousins activities (approximately 3 are held each semester); spending informal time with your HSC Cousin (for example: meeting your cousin for lunch or a meal, taking a study break together, doing something social together, etc.); maintaining communication with your Cousin via phone and/or e-mail; sharing traditions of your culture; and being committed to participate once you are matched. You and your Cousin determine your level of interaction – be creative and have fun with this program!

**NEW INTERNATIONAL STUDENT ORIENTATION**

**Tuesday, August 14, 2018**

**DLB Student Union 205**

New International Student Orientation is an opportunity for international students to learn about resources on campus and meet University staff members.

**VMA MEET & GREET**

**Tuesday, August 21, 2018**

**DLB Student Union | Noon**

Join members of the Veteran and Military Alliance (VMA) community in an effort to connect to resources and people who provide support services on campus.

**MSO MEET & GREET**

**Wednesday, August 22, 2018**

**DLB Student Union | Noon**

Members of the Multicultural Student Organizations invite you to learn about all that is available on the HSC campus.

**DIVERSITY WEEK**

**February 18-22, 2019**

**DLB Student Union**

Diversity Week, annual event which showcases our multicultural students. This annual week-long event is filled with cultural education, cultural food, cultural activities and fun within our campus community.

**What to watch for...**

**HSC COUSINS: A PERFECT MATCH PARTY**

**Wednesday, August 29, 2018**

**DLB Student Union | 4:30 - 6:30 PM**

**How can you get involved? We are glad you asked!**

Reach out to HSC Student Affairs for more information:

HSC Student Affairs
David L. Boren Student Union, Suite 300
1106 N Stonewall, Ave
Oklahoma City, OK 73117

(405) 271-2416
students@ouhsc.edu
students.ouhsc.edu

Tanya Mustin
Coordinator, Multicultural Student Services
Tanya-Mustin@ouhsc.edu
A FEW ESSENTIALS

HSC Daily News
Created as a way to keep students informed, the HSC Daily News is a newsletter sent by email every weekday morning. The newsletter includes campus events and important notices. To submit items, send an event title, date, description, time, location and contact information to hscdailynews@ouhsc.edu.

Transcripts
The Office of Admissions and Records, located in the Robert M. Bird Library, Room 121, is where to go if you need a transcript. Visit admissions.ouhsc.edu to learn more about obtaining a transcript.

E-Bills
Each month, the Bursar’s Office will email you a link to view your e-bill, which includes tuition, athletic tickets, parking tickets, etc. It is very important that you check these. You can save $50 by paying your account before the last day of the semester. After that, late fees will be assessed. The payment deadline is the 15th of each month.

Our Voice: Active Bystander Training
http://www.ouhsc.edu/BIT.aspx

Our Voice is the name of the University’s Active Bystander Training, encouraging students, faculty and staff to take positive steps in intervention when they witness inappropriate behavior. Although the focus is primarily on the topics of gender discrimination, sexual harassment, and sexual misconduct, the concepts learned in the training translate to any situation.

Lunch provided trainings are offered monthly in the DLB Student Union. Register for this free training on the HR Training Calendar page.
hr.ou.edu (select training calendar)
Questions? Email students@ouhsc.edu

HSC Sooners Helping Sooners
http://www.ouhsc.edu/BIT.aspx

HSC Sooners Helping Sooners is a scholarship opportunity for OUHSC students who find themselves in extenuating circumstances and in need of emergency financial assistance.

Learn more, nominate, apply or donate at:
students.ouhsc.edu/SoonersHelpingSooners
Questions? Email HSC-SHS@ouhsc.edu

HSC Behavioral Intervention Team
http://www.ouhsc.edu/BIT.aspx

All students and employees should consider it their responsibility to report concerning behaviors to the HSC Behavioral Intervention Team (BIT) for the safety and well-being of the HSC campus community.
The purpose of the OUHSC BIT is caring, preventive, early intervention with an individual (student, faculty, or staff) whose behavior is disruptive or concerning.

Contact BIT: (405) 271-9BIT(9248)
biteouhsc.edu

Online Reporting Form
www.ouhsc.edu/bit
If a person is an immediate threat to themselves or someone else or is incapable of caring for themselves, call (405) 271-4911.
The University of Oklahoma is an institution built upon honor, integrity, trust, and respect. Consistent with these values, the University is committed to providing a safe and non-discriminatory learning, living, and working environment for all members of the University community. The University of Oklahoma does not discriminate on the basis of sex or gender in any of its education or employment programs and activities. As discussed more fully below, the University’s Sexual Misconduct, Discrimination, and Harassment Policy prohibits all forms of sexual harassment, sexual violence, sexual exploitation, relationship violence (domestic violence and dating violence), stalking, and retaliation.

Know the Policy
To view the full policy, visit http://students.ouhsc.edu/StudentServices/SexualMisconduct.aspx.

University policy prohibits:

- Sexual Harassment: Unwelcome sexual attention or action based on one’s gender that is so severe, persistent or pervasive that it unreasonably interferes with the work or educational environment.

- Sexual Violence: Physical sexual acts perpetrated against a person’s will or where a person is incapable of giving consent.

- Consent: The act of willingly and verbally agreeing to engage in sexual contact or conduct. Individuals who consent to sex must be able to understand what they are doing. “No” always means “No,” and the absence of “No” may not mean “Yes.” In order to give effective consent, one must be of legal age and have the capacity to consent. Incapacity may result from mental disability, intellectual disability, unconsciousness, age, or use of alcohol, drugs, medication, and/or other substances. In addition, coercion cannot be used to gain consent. Coercion is defined as the act of using pressure (including physical pressure, verbal pressure or emotional pressure), alcohol, medications or drugs, or force to have sexual contact against someone’s will or with someone who has already refused.

- Sexual Exploitation: Taking abusive sexual advantage of another.

- Dating/Domestic Violence: Violence, including assault, battery or other abuse between those in an intimate or dating or romantic relationship with each other.

- Stalking: Engaging in a course of conduct directed at a specific person that would cause a reasonable person to fear for their safety or the safety of others or causes substantial emotional distress.

- Retaliation: Any attempt to penalize or take an adverse employment, educational or institutional benefit action because of participation in a complaint.

Know what to do if you or a friend experiences sexual violence

If you or someone you know has safety concerns or needs medical attention, call 911 or go to a local emergency room immediately. Victims of sexual assault may also consider obtaining a forensic exam. The OKC Rape Crisis Center (RCC) or the YWCA in Oklahoma City offers these exams. The RCC also has advocates on-call 24/7.

After a sexual assault or other sexual misconduct incident, a victim has many options and an OU Advocate can explain these options and provide support. OU Advocates serve as a confidential reporting resource to the University community in cases of sexual assault/misconduct, relationship violence, harassment or stalking. Advocates are available 24/7 to help navigate the administrative, medical, law enforcement and legal systems. OU Advocates can also assist victims with on-campus housing changes, academic assistance, and other remedial measures. They also provide immediate emotional support and can assist with referrals for other helpful services. To contact OU Advocates, please call (405) 615-0013. An advocate from OU can accompany the victim to the exam.

HSC Student Affairs can also be a helpful resource by (i) providing support and counseling services to sexual misconduct/violence victims (faculty, staff or students), (ii) informing victims of available campus resources and disciplinary processes, (iii) providing advocates or other support to victims, (iv) conducting education programs to enhance awareness of sexual misconduct/violence on campus, and (v) providing information regarding the right to file a criminal complaint. To contact HSC Student Affairs, please call (405) 271-2416.

To file a report and commence an administrative investigation by the University, contact the Sexual Misconduct Office at (405) 325-2215 or smo@ou.edu. You can also complete an online complaint form at notonourcampus.ou.edu. For a printed brochure regarding the Sexual Misconduct, Discrimination and Harassment Policy, please call (405) 271-2416. Please note that the University’s policy is applicable, and resources are available, during a person’s entire HSC educational and/or employment experience.

Know your Rights

Sexual misconduct/violence victims have the right:

• To be informed of all reporting options
• To be free from pressure to make a criminal report
• To have allegations of sexual misconduct investigated by the appropriate criminal, civil and/or campus authorities
• To be notified of existing campus and community medical, counseling, and mental health services whether or not an incident is reported to campus or civil authorities
• For more information, go to http://www.ou.edu/content/oo/faq/faq-for-students.html, “Statement of the Rights of the Alleged Victim.”

Your Campus Contacts

Faustina Layne
Associate Equal Opportunity and Title IX Officer
1105 N. Stonewall Avenue, LIB 164H
Oklahoma City, Oklahoma 73117
(405) 271-2110
Faustina.Layne@ouhsc.edu

Kate Stanton
Assistant Vice President for Student Affairs
Associate Title IX Coordinator
David L. Boren Student Union, 1106 N. Stonewall, Suite 300
Oklahoma City, Oklahoma 73117
(405) 271-2416
Kate-Stanton@ouhsc.edu
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Coordinator
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Staff Accountant

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Coordinator
Campus Outreach

Tany Mustin
Tanya-Mustin@ouhsc.edu
Coordinator
Multicultural Student Services

Debbie Peters
Debbie-Peters@ouhsc.edu
Office Manager

Rayanna Reidy, M.Ed.
Rayanna2001@ou.edu
Director
HSC Food Services

Not pictured:

Adam O’Neil
Psychology Intern
Student Counseling Services

Anastasia Jones
Psychology Intern
Student Counseling Services

Shana Varnell
Psychology Intern
Student Counseling Services

Taimoor Satti
Graduate Assistant
IM Sports

Rhianan Hilliard
Graduate Assistant
HSC Student Affairs

Francis Phan
Graduate Assistant
HSC Student Affairs

Jim Weller
James-Weller@ouhsc.edu
Manager
University Village Apartments
OUHSC SGA WALKING TRAIL

ADD THE TRAIL TO YOUR GOOGLE MAPS:
How to get involved:

SGA Senate

SGA Senate includes representatives from each of the seven health professional colleges as well as the Physician Associate program. Senators are elected by each college and serve on SGA as voting members.

SGA Executive Council

Executive Council serves in an advisory capacity for student initiatives and represents leadership from across campus. The Executive Council includes the Executive Board (SGA President, Vice President, and Senate Chair, Secretary, Treasurer, Campus Activities Board), College Presidents, Multicultural Organization Presidents, and Chair/Liaison positions.

Chair and Liaison Positions

SGA Chair and Liaison positions represent opportunities to serve in leadership position as part of the SGA Executive Council. Available positions each academic year include HSC Big Event, Diversity Week, Parking/Security, Campus Housing, OU Athletics Liaison, Academic Integrity, Legislative Liaison, All College Party, Student Hearing Panel, Sooner Safety Week, and Campus Blood Drives.